

Howell Highlanders 2023 Sports Camps



All Camp Registrations must be made online.
No paper registrations will be accepted.
See camp brochures for more information.

Visit us at www.howellhighlanders.com or www.howellschools.com/



BASEBALL

Howell Baseball Camp is a **dynamic program that will cover all aspects of the game**. During camp there will be radar gun readings, arm care program, proper hitting and fielding techniques, along with game situations on a daily basis. To maximize each athlete's potential, groups are kept small to allow players individual time and attention with coaches. Camp is open to all Livingston area athletes, but space is limited so sign up early! .

Meet the Coach:

Jason Ladd: Head Varsity Coach - Howell

Coach Ladd has over 13 years of coaching experience and is excited to share his knowledge and expertise with Livingston area ball players. As a college player, Coach Ladd hit over .400 for three seasons, was a member of the Kellogg Community College National Runner Up team in the World Series in 1999, was a member of the 1999 All World Series Team, was awarded the honor of All Conference three times, and was a National Association of Intercollegiate Athletics (NAIA) Academic and Athletic All American at Aquinas College.

June 5-8

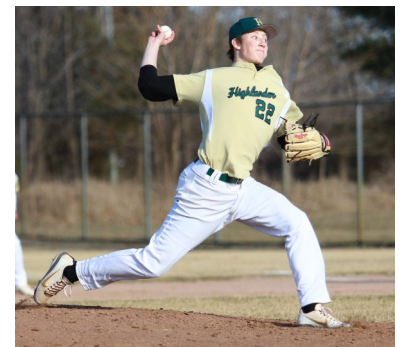
Session 1 3rd-7th Grades 9:30 am—11:30 am

Session 2 8th—12th Grades 11:45 am—1:45 pm

* Grades as of Fall 2023

Cost: \$99.00

All camps will be held at the varsity baseball field



Camp Information for 2023

- *All Campers must register online.*
- *No paper registrations will be accepted.*
- *Parents must complete all information and sign the waiver.*
- *Camp payments should be made online (included at the end of online registration). Checks may be accepted via mail or at the athletic office.*
- *NO CASH will be accepted.*
- *NO REFUNDS ISSUED ONCE CAMP BEGINS*

To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps

For questions regarding baseball camp, email varsity head coach Jason Ladd at jason.ladd@howellschools.com

**If paying by check make payable to :
Howell H.S. —Baseball Camp**

Check: Howell Athletics / Baseball Camp
1200 W. Grand River Ave.
Howell, MI 48843



BOYS BASKETBALL

“The Howell Boys Basketball Camp is designed to provide campers with the knowledge, skills, and fundamentals necessary to achieve their maximum potential and success as a basketball player.”

Benefits Include:

- *High School Coaching Staff
- *Top-Notch Instruction
- *Teaching Basketball Theory
- *Game Play
- *Competitions
- *Intensive Drill Work
- *Stations focusing on Offensive & Defensive Skills / Fundamentals
- *Focus on Total Player Development to Maximize Full Potential



June 5-8

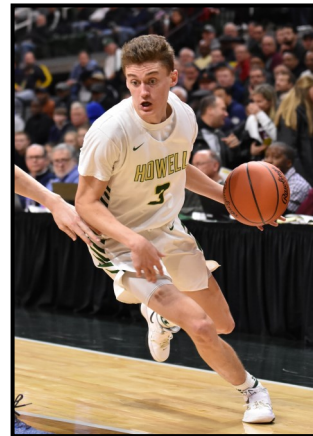
Session 1 8th—12th Grades 10:00 am—11:30 am

Session 2 3rd-7th Grades 12:00 pm—1:30 pm

* Grades as of Fall 2023

Cost: \$75.00

All camps will be held at the HHS Fieldhouse



Camp Information for 2023

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- No paper registrations will be accepted.
- Parents must complete all information and sign the waiver.
- Camp payments should be made online (included at the end of online registration). Checks may be accepted via mail or at the athletic office.
- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps

For questions regarding boys basketball camp, email varsity head coach Nick Simon at simonn@howellschools.com

**If paying by check make payable to :
Howell H.S. —Boys Basketball Camp**

**Check: Howell Athletics / B. Basketball Camp
1200 W. Grand River Ave.
Howell, MI 48843**



GIRLS BASKETBALL

Please keep this information for reference. NO confirmation will be mailed. **Payment must be received by June 1 to guarantee a camp t-shirt at Youth Camp or High School Camp.** Late registration and walk-up registration will be accepted after June 2 but a shirt may not be available for late registrants.

State Finals: 1996 Regional Champs: 1996 Association Champs: 2016
District Champs: 1989-1992-1993-1994-1995-1996-2004-2005-2006-2014-2016 –2023
League Champs: 1990-1993-1995-1996-1997-2010-2016-2018



June 5-7

Youth Camp	2nd-8th Grades	10:00 am—12:00 pm
High School Camp	9th—12th Grades	1:00 pm—3:00 pm

* Grades as of Fall 2023

Cost: \$75.00

**All camps will be held at the Parker Fieldhouse
All camps will be instructed by varsity coach Tim Olszewski
and members of the high school coaching staff.**



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- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

**To Register for camp scan the QR Code
below or go to the Howell athletics webpage at
howellschools.com/sports/camps**

**For questions regarding girls basketball camp, email varsity head coach Tim Olszewski at olszewst@howellschools.com
If paying by check make payable to :
Howell H.S.—Girls Basketball Camp**

Check: Howell Athletics / G. Basketball Camp
1200 W. Grand River Ave.
Howell, MI 48843



CHEERLEADING

Please keep this information for reference. NO confirmation will be mailed. **Payment must be received by July 14 to guarantee a t-shirt for either camp.** Late registrations will be accepted but a shirt may not be available for late registrants. **This camp will be limited to 100 participants!**

July 26-27

Beginning Cheer Fundamentals Camp

1st—4th Grades 9:00 am—11:30 pm

Stunting Fundamentals and Cheer Skills Camp

5th-8th Grades 9:00 am—11:30 am

* Grades as of Fall 2023

Cost: \$65.00

**All camps will be held at the Parker Fieldhouse
All camps will be instructed by varsity coach Leya Carstensen
and members of the high school coaching staff.**



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- Camp payments should be made online (included at the end of online registration). Checks may be accepted via mail or at the athletic office.
- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

To Register for camp scan the QR Code below or go to the Howell athletics webpage at howellschools.com/sports/camps

For questions regarding cheer camp, email head coach Leya Carstensen at leya.carstensen@howellschools.com

If paying by check make payable to :
Howell H.S. — Cheer Camp

Check: Howell Athletics / Cheer Camp
1200 W. Grand River Ave.
Howell, MI 48843



FOOTBALL

BRING ONLY YOUR BEST!

HHS PROGRAM CAMP (9TH - 12TH GRADES—FALL 2023)

<u>DATE</u>	<u>TIME</u>	<u>PRICE</u>
JUNE 12-15	2:00 - 8:00 PM	\$55

ELITE YOUTH CAMP (3RD-8TH GRADES—FALL 2023)

<u>DATE</u>	<u>TIME</u>	<u>PRICE</u>
JUNE 19-21	9:00 AM-12:00 PM	\$100

HHS PROGRAM CAMP (9TH - 12TH GRADES—FALL 2023)

<u>DATE</u>	<u>TIME</u>	<u>PRICE</u>
JULY 24-26	2:00 - 8:00 PM	\$55

*HOWELL FOOTBALL CAMPS ARE OPEN TO ALL PLAYERS
INTERESTED IN IMPROVING THEIR FOOTBALL SKILLS.*

*ALL CAMPS ARE HELD AT JOHN DUKES FIELD AT
MEMORIAL STADIUM.*

What to Bring

- Football Cleats
- Gym Shoes
- Water Bottle
- Football Apparel
- No helmets or pads will be worn

CAMP INCLUDES:

- Camp T-Shirt
- Combine Testing
- Air Force Football
- Football Techniques & Instruction
- Strength & Conditioning Techniques

CAMP Instructors

- Howell Football Staff
- Collegiate football players
- Howell football players



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- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

*To Register for camp scan the QR Code
below or go to the Howell athletics webpage at*

howellschools.com/sports/camps

*For questions regarding football camp, email head coach
Brian Lewis at lewisb@howellschools.com*

*If paying by check make payable to :
Howell H.S. —Football Camp*

Check: Howell Athletics / Football Camp
1200 W. Grand River Ave.
Howell, MI 48843



LACROSSE

The Howell Highlander Boys and Girls Lacrosse programs would like to welcome boys and girls in third through eighth grades to join us for a skills camp to learn the fundamentals of lacrosse. This combined camp will be taught by the Howell High School coaches from both programs as well as players and some of the top youth instructors in the area. All aspects of the game of lacrosse will be emphasized. Come out and have some fun at Parker Stadium!

June 5, 6, & 8

Session 1 3rd-8th Grades

5:30 pm—6:30 pm

* Grades as of Fall 2023

Cost: \$35.00

All camps will be held at the Parker Stadium.



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- *NO CASH will be accepted.*
- *NO REFUNDS ISSUED ONCE CAMP BEGINS*

To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps

For questions regarding lacrosse camp, email head coaches Matt Swift at matt.swift@howellschools.com or Brooke Christianson at christiansb@howellschools.com

*If paying by check make payable to :
Howell H.S. — Lacrosse Camp*

Check: Howell Athletics / Boys Lacrosse Camp
1200 W. Grand River Ave.
Howell, MI 48843



POMPON

Camp Information:

The Howell Varsity Pompon Team and the Howell Middle School Pompon Team will be hosting a very special camp and performance opportunity for girls in Kindergarten through 8th grade! Girls will be taught basic skills and technique by Varsity and Middle School team members and coaches. Then, they will be taught a full-length performance routine that we will all perform TOGETHER at the August 31st Varsity Football Game. ***This camp will be limited to 100 participants!***



- ◇ Learn from the State Champions
- ◇ Learn about all the excitement of pompon
- ◇ Learn from the Varsity players and coaches
- ◇ Perform at a halftime of a varsity football game
- ◇ Performance T-shirt included in registration fee



August 29 & 30

Session 1 K-8th Grades

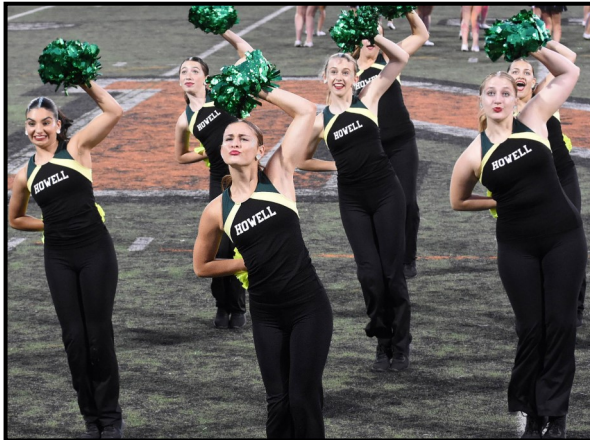
5:00 pm—7:00pm

* Grades as of Fall 2023

Cost: \$65.00

This camp will be limited to 100 participants.

Camp will be held at the Parker Fieldhouse.



Camp Information for 2023

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- *Camp payments should be made online (included at the end of online registration). Checks may be accepted via mail or at the athletic office.*
- *NO CASH will be accepted.*
- *NO REFUNDS ISSUED ONCE CAMP BEGINS*

2023 Mid American Pompon State Champions!

To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps

For questions regarding pompon camp, email head coach Elizabeth Dimeglio at dimeglie@howellschools.com

**If paying by check make payable to :
Howell H.S. — Pompon Camp**

Check: Howell Athletics / Pompon Camp
1200 W. Grand River Ave.
Howell, MI 48843



RUNNING CLUB

Who: Runners entering 6th, 7th, or 8th grade in 2023

What: Summer running club

When: Club workouts begin Tuesday July 24th and will be one hour in length – 8am to 9am

Where: Three Fires Elementary.

Cost: \$40.00 (includes both sessions)

- A sports physical dated 4/15/23 or later is required for Summer Run Club and for all Fall sports.
- We will meet at Brighton Rec Area trail head parking and run a two mile trail loop on Thursday, July 26.
- We will have a 5k fun run on Friday, July 27 @ Three Fires. Family and friends can run with the runners. The course will be the full high school cross country course.
- Encourage new runners to give cross country a try!



Camp Information for 2023

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- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

For questions regarding summer running club, email coach Dave McCall at mccalld@howellschools.com

If paying by check make payable to :
Howell H.S. —Running Club

Check: Howell Athletics / Running Club
1200 W. Grand River Ave.
Howell, MI 48843



"Every morning in Africa, a Gazelle wakes up. It knows it must run faster than the fastest lion or it will be killed.

Every morning a Lion wakes up. It knows it must outrun the slowest Gazelle or it will starve to death.

It doesn't matter whether you are a Lion or a Gazelle... When the sun comes up, you'd better be running

July 24-27

Session 1 July 24-27

* Grades as of Fall 2023

Cost: \$40.00

Running Club will take place at Three Fires Elementary.

Please encourage new runners to come out and give Cross Country a try. Running is a lifetime sport you can enjoy for many years!



To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps



SOCCER

The Howell Highlander Soccer program is proud to offer a unique opportunity to join us for fun filled instruction in the wonderful sport of soccer. Camp participants will be guided through instruction and games by top soccer trainers representing our community with support from college and high school soccer coaches/athletes. Player to coach ratio is optimized to provide the highest level of instruction and enjoyment of the game. Whether you currently play, or are just interested in giving the sport a try, this is the hometown program for you!
GO HIGHLANDERS!

June 12, 14, & 15

Session Grade* Times

Session 1	9th—12th	4:00pm—5:30 pm
Session 2	K-4th	5:30 pm—7:00pm
Session 3	5th-8th	7:00pm—8:30 pm



*Grade at the start of the 2023 school year.

There is no camp on June 13 due to the MHSAA Girls soccer semifinal game at Parker Stadium.

Cost: \$55.00

All camps will be held at the Parker Stadium.



Camp Information for 2023

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- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

To Register for camp scan the QR Code below or go to the Howell athletics webpage at howellschools.com/sports/camps

For questions regarding soccer camp, email head coach Ashley Savage at ashley.savage@howellschools.com
If paying by check make payable to :
Howell H.S.—Soccer Camp

Check: Howell Athletics / Soccer Camp
1200 W. Grand River Ave.
Howell, MI 48843



TENNIS

Howell Tennis Camp is a **dynamic** camp that will be taught by the Howell High School Tennis Staff. Campers will learn modern tennis techniques and strategy including grips, footwork and stroke production. They will gain a solid technical foundation that will enable students to improve their skills throughout their lifetime.

Each camp session includes four days of professional tennis instruction and will be taught on the varsity tennis courts located at the Howell High School.

Tennis Camp Sessions

Session 1 - July 17-27 (Mon-Thu)

Session 1A Ages 8-11 8:00am—9:00 am

Session 1B Ages 12-17 9:00am—10:00 am

*Grade at the start of the 2023 school year.

Cost: \$50.00 per session

All camps will be held at the HHS Tennis Courts.

Camp will be instructed by Howell varsity head coach Jim Gagalis and members of the coaching staff!



Camp Information for 2023

- All Campers must register online.
- No paper registrations will be accepted.
- Parents must complete all information and sign the waiver.
- Camp payments should be made online (included at the end of online registration). Checks may be accepted via mail or at the athletic office.
- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps

For questions regarding tennis camp, email head coach Jim Gagalis at gagalisj@howellschools.com

**If paying by check make payable to :
Howell H.S. —Tennis Camp**

Check: Howell Athletics / Tennis Camp
1200 W. Grand River Ave.
Howell, MI 48843



H.S. VOLLEYBALL

"We invite any player that wants to have fun, work hard and learn the sport of volleyball. "

HS Volleyball Camp Sessions

Skills Camp - July 10-13, 2023

9th-12th Grade 10:00am—1:00 pm

Fr-So Team Camp—July 24-26, 2023*

9th-10th Grade 10:00am—12:00 pm

Jr-Sr Camp: July 26-28, 2023*

July 26 10:00am—12:00 pm

July 27 11am— 7:00 pm

July 28 9:00 am—2:00 pm

Jr-Sr Camp is overnight in the fieldhouse on 7/27. Bring a sack lunch on 7/27 but dinner will be provided. Breakfast provided on 7/28.

**Grade at the start of the 2023 school year.*

Cost: \$100.00 per session

All camps will be held at the HHS Fieldhouse.

Camp will be instructed by the Howell volleyball staff

Receive a \$20 discount if you pre-register for the Team and Skills Camp.

\$100 per session if registered after July 12, 2023



Camp Information for 2023

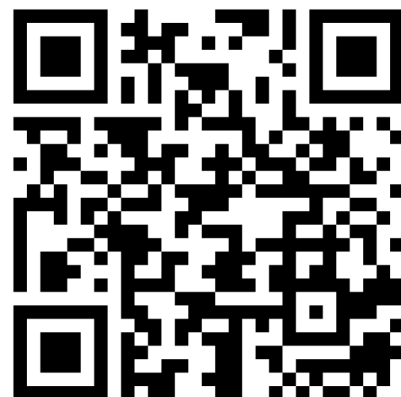
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- Camp payments should be made online (included at the end of online registration). Checks may be accepted via mail or at the athletic office.
- NO CASH will be accepted.
- NO REFUNDS ISSUED ONCE CAMP BEGINS

To Register for camp scan the QR Code below or go to the Howell athletics webpage at howellschools.com/sports/camps

For questions regarding volleyball camps, email head coach Jayne Williams at williaj@howellschools.com

*If paying by check make payable to :
Howell H.S. — Volleyball Camp*

Check: Howell Athletics / Volleyball Camp
1200 W. Grand River Ave.
Howell, MI 48843



YOUTH VOLLEYBALL

“We invite any player that wants to have fun, work hard and learn the sport of volleyball. “

June 12-14, 2023

Session 1

4th-6th Grade 9:00am—11:00 am

Session 2

7th-8th Grade 11:30am—1:30 pm
Grade at the start of the 2023 school year.

Cost: \$50.00 per session

All camps will be held at the HHS Fieldhouse.

Camp will be instructed by the Howell volleyball staff

Register by June 1, 2023 to receive a camp t-shirt



Clinic instructors: Jayne Williams—Varsity Head Coach, Jen Nolan—JV coach and Elaina Rocco-Hoxie—Freshman Coach.

Camp Information for 2023

- *All Campers must register online.*
- *No paper registrations will be accepted.*
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To Register for camp scan the QR Code below or go to the Howell athletics webpage at

howellschools.com/sports/camps

For questions regarding volleyball camps, email head coach Jayne Williams at williaj@howellschools.com

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1200 W. Grand River Ave.
Howell, MI 48843

