

ELEMENTARY BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Choice of one Main Entrée: *New* Disney's Frozen Breakfast Yogurt, Frozen Grahams, Graham Crackers and Frozen Juice</p> <ul style="list-style-type: none"> • Sausage & Cheese Bagel • Warm Cocoa Puffs Filled Bar • Cereal & Graham Crackers Cocoa Puffs Fruity Cheerios Cheerios • Muffin & Graham Crackers • Pop tart & Graham Crackers • Cereal Bar and Gr. Crackers • Mini Donuts • Warm Donut <p>Choice of one Fruit/Vegetable:</p> <ul style="list-style-type: none"> • Apple • 100% Fruit Juice • Orange • Banana • Raisins <p>Choice of one Milk</p> <ul style="list-style-type: none"> • Skim White Milk • 1% White Milk • 1% Chocolate • 1% Strawberry 	<p>Choice of one Main Entrée:</p> <ul style="list-style-type: none"> • French Toast and Syrup • Warm Cinnamon Toast Crunch Filled Bar • Yogurt, Teddy Grahams and Graham Crackers • Cereal & Graham Crackers Cocoa Puffs Fruity Cheerios Cheerios • Muffin & Graham Crackers • Pop tart & Graham Crackers • Cereal Bar and Gr. Crackers • Mini Donuts • Warm Donut <p>Choice of one Fruit/Vegetable:</p> <ul style="list-style-type: none"> • Apple • 100% Fruit Juice • Orange • Banana • Raisins <p>Choice of one Milk</p> <ul style="list-style-type: none"> • Skim White Milk • 1% White Milk • 1% Chocolate • 1% Strawberry 	<p>Choice of one Main Entrée:</p> <ul style="list-style-type: none"> • Confetti Pancakes and Syrup • Warm Cocoa Puffs Filled Bar • Yogurt, Teddy Grahams and Graham Crackers • Cereal & Graham Crackers Cocoa Puffs Fruity Cheerios Cheerios • Muffin & Graham Crackers • Pop tart & Graham Crackers • Cereal Bar and Gr. Crackers • Mini Donuts • Warm Donut <p>Choice of one Fruit/Vegetable:</p> <ul style="list-style-type: none"> • Apple • 100% Fruit Juice • Orange • Banana • Raisins <p>Choice of one Milk</p> <ul style="list-style-type: none"> • Skim White Milk • 1% White Milk • 1% Chocolate • 1% Strawberry 	<p>Choice of one Main Entrée:</p> <ul style="list-style-type: none"> • Sausage & Cheese Bagel • Warm Cinnamon Toast Crunch Filled Bar • Yogurt, Teddy Grahams and Graham Crackers • Cereal & Graham Crackers Cocoa Puffs Fruity Cheerios Cheerios • Muffin & Graham Crackers • Pop tart & Graham Crackers • Cereal Bar and Gr. Crackers • Mini Donuts • Warm Donut <p>Choice of one Fruit/Vegetable:</p> <ul style="list-style-type: none"> • Apple • 100% Fruit Juice • Orange • Banana • Raisins <p>Choice of one Milk</p> <ul style="list-style-type: none"> • Skim White Milk • 1% White Milk • 1% Chocolate • 1% Strawberry 	<p>Choice of one Main Entrée:</p> <ul style="list-style-type: none"> • Bacon & Cheese Bagel • Warm Cocoa Puffs Filled Bar • Yogurt, Teddy Grahams and Graham Crackers • Cereal & Graham Crackers Cocoa Puffs Fruity Cheerios Cheerios • Muffin & Graham Crackers • Pop tart & Graham Crackers • Cereal Bar and Gr. Crackers • Mini Donuts • Warm Donut <p>Choice of one Fruit/Vegetable:</p> <ul style="list-style-type: none"> • Apple • 100% Fruit Juice • Orange • Banana • Raisins <p>Choice of one Milk</p> <ul style="list-style-type: none"> • Skim White Milk • 1% White Milk • 1% Chocolate • 1% Strawberry

Student Breakfast - \$2.05 Reduced - \$0.30 Milk - \$0.50 Adult - \$2.60 Menu Subject to change

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This institution is an equal opportunity provider.

Kitchen Managers can be reached at the following phone numbers: Dial 517-540-8300 and extension: Challenger: Donna – 41371, Hutchings: Lorraine – 47006, Northwest: Karen – 43300, Southwest: Kelly – 45393, Three Fires: Nichole – 84392, Voyager: Colleen – 46508

HOWELL PUBLIC SCHOOLS ELEMENTARY 2019-2020 LUNCH MENU

LUNCH MENU #1

Hot Dog on a Bun French Fries or Sweet Potato Fries Red Delicious Apple Frozen Juice Treat Milk or Cheeseburger on Whole Grain Bun	Cottage Inn Pizza Cheese or Pepperoni Garden Spinach Salad & Light Dressing Watermelon Milk or Chicken Tender & Cheddar Cheese Wrap & Roll	Chicken Nuggets & Roll Sweet Corn Raisins Milk or Italian Dunkers & Marinara Sauce	Walking Dorito with Taco Meat & Cheese & Roll Refried Beans Pineapple Cold Milk or Mini Corn Dogs	Chicken Fryz Roll Baby Carrots Red Grapes Milk or Turkey & Cheese Chef's Salad, & Goldfish Crackers
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LUNCH MENU #2

French Toast Sticks & Maple Syrup Sausage Patty Potato Coins or Sweet Potato Fries Applesauce Cold Milk or Ham & Cheese on a Sub Bun	Cottage Inn Pizza Cheese or Pepperoni Garden Salad & Light Dressing Diced Pears Cold Milk or Sloppy Joe on a Bun	Corn Dog on a Stick Sweet Corn Diced Peaches Cold Milk or Turkey & Cheese Wrap and Teddy Grahams	Nacho's W// Taco Meat & Cheese Roll Refried Beans Golden Apple Milk or Chicken Rings	Cheese or Pepperoni Pizza Broccoli and Cheese 100% Fruit Juice Cold Milk or Chicken Sandwich on a Bun
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LUNCH MENU #3

Hot Dog on a Bun Emoji Fries or Sweet Potato Fries Red Delicious Apple Frozen Juice Treat Milk or Cheeseburger on a Bun	Cottage Inn Pizza Cheese or Pepperoni Baby Carrots Red Grapes Milk or Mini Corn Dogs	Popcorn Chicken Sweet Corn & Roll Raisins Milk or Italian Dunkers & Marinara Sauce	Walking Dorito with Taco Meat & Cheese Roll Refried Beans Diced Pears Cold Milk or Turkey & Cheese Chef's Spinach Salad Dressing & Teddy Grahams	Macaroni & Cheese Spinach Salad/Lt Dr. Roll Pineapple Milk or Chicken Nuggets
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LUNCH MENU #4

French Toast Sticks & Maple Syrup Sausage Patty Potato Coins or Sweet Potato Fries Applesauce Cold Milk or Chicken Sandwich on a Bun	Cottage Inn Pizza Cheese or Pepperoni Garden Spinach Salad & Lt. Dressing Watermelon Cold Milk or Ham & Cheese Chef's Salad, & Roll & Cheddar Goldfish	Chicken Rings & Cheddar Goldfish Sweet Corn Diced Peaches Cold Milk or Corn Dog on a Stick	Nacho's Topped W/ Taco Meat & Cheese & Roll Refried Beans 100% Fruit Juice Milk or BBQ Chicken on a Bun	Cheese or Pepperoni Pizza Baby Carrots Golden Del. Apple Cold Milk or Chicken Fryz & Cheez-It's
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Daily 3rd Choice

Monday Through Friday	Yogurt Cup String Cheese Cheddar Goldfish Roll (M-W-F-) Graham Crackers (Tues & Thurs)
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Students \$2.70
Reduced Students \$0.40
Adults - \$4.20
Milk \$0.50

**Milk Selections: Skim White,
1% White, 1% Chocolate and
1% Strawberry**

**Menu Subject to Change
Menu by: Sharon A. Lenard**

August						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	
FEBRUARY							MARCH							APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1	1	2	3	4	5	6	7				1	2	3	4						1	2		1	2	3	4	5	6
2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
23	24	25	26	27	28	29	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30	28	29	30				